

# Ormesby Village Infant School

Spruce Avenue  
Ormesby St Margaret  
GT YARMOUTH  
Norfolk  
NR29 3RY



Tel: 01493 730298  
Fax: 01493 733810  
Email: [office@ormesbyinfant.norfolk.sch.uk](mailto:office@ormesbyinfant.norfolk.sch.uk)

Monday 9<sup>th</sup> March 2020

Dear Parent/Carer

Re: Coronavirus concerns

At Ormesby Village Infant School the health and safety of our students and staff is of paramount importance. I am therefore sharing guidance from Public Health England on steps everyone should be taking to minimise the possible spread of Coronavirus in the UK.

<https://www.gov.uk/government/publications/guidance-to-educational-settings-about-covid-19/guidance-to-educational-settings-about-covid-19>

There is currently no cause for concern at the school.

We will however keep you informed about any developments and ensure we are keeping the school clean to prevent the spread of any virus.

If you or your children have returned from a category 1 country or area in past 14 days

This includes:

## Category 1 countries/areas

Wuhan city and Hubei Province (China, [see map](#))

Iran

Daegu or Cheongdo (Republic of Korea, [see map](#))

Any area within Italy under containment measures ([see map](#))

## Category 2 countries/areas

Cambodia

China\*

Hong Kong

Italy\* ([see map](#))

Japan

Laos

Macau

Malaysia



## Category 1 countries/areas

## Category 2 countries/areas

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Myanmar

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Republic of Korea\*

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Singapore

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Taiwan

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Thailand

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Vietnam

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**Category 1:** Travellers should self-isolate, even if asymptomatic, and use the [111 online coronavirus service](#) to find out what to do next. Go home or to your destination and then self isolate.

**Category 2:** Travellers do not need to undertake any special measures, but if they develop symptoms they should self-isolate and call NHS 111.

The guidance for Italy, Iran, Daegu or Cheongdo (Republic of Korea), Laos, Myanmar, Cambodia and Vietnam applies to individuals who returned from these specific areas on or after 19 February 2020.

If you become unwell (see below for a list of symptoms):

- Stay indoors and avoid contact with other people as you would with other flu viruses (see the home isolation [advice sheet](#) for help with this)
- Call NHS 111 immediately for an assessment (or 999 if you require emergency medical attention)

### Symptoms to look out for

If you've returned from any of the category 1 or 2 areas or countries, look out for the following symptoms:

- Cough
- Difficulty in breathing
- Fever (a temperature of 38 degrees C or higher)

According to other [official guidance](#), while you wait for further advice:

- Avoid contact with others
- Stay at home – don't go to work or school
- Don't travel while sick
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing, throwing tissues in the bin
- Wash your hands often with soap and water for at least 20 seconds (or an alcohol-based sanitiser if soap and water aren't available)
- If you're worried about your symptoms, please call NHS 111 – don't go directly to your GP or other healthcare environment

If you or your child have any further concerns or questions, please do not hesitate to contact

Mrs Vaughan or Miss McMylor through the office, by phone or email.

Yours Sincerely

Mrs Vaughan and Miss McMylor